

## *On the Lookout for*

## Positive Friendships

Place a "+" next to those characteristics you look for in a positive friend.

- Listens to you
- Shares ideas & feelings
- Encourages you to do your best
- Has fun
- Enjoys some of the same interests you do
- Does things which are illegal
- Spends time with you
- Hurts other people by making fun of them or calling them names
- Gossips
- Spreads rumors
- Doesn't listen
- Talks about himself or herself all the time
- Pushes you to do things that you don't want to do
- Uses drugs
- Carries weapons
- Yells at others when he or she is angry
- Accepts the fact that you sometimes do things with other people
- Does things you think are wrong or that your parents wouldn't approve of
- Lies
- Is dishonest
- Is trustworthy
- Dresses cool
- Does things that are dangerous
- Encourages you to stay away from illegal activities
- Cares about how you feel and what you think
- Cares about how others feel and what they think

- \_\_\_ Stands up for you
- \_\_\_ Encourages others; says things about others that are positive
- \_\_\_ Makes put-down statements
- \_\_\_ Is loyal
- \_\_\_ Helps to solve problems
- \_\_\_ Doesn't use drugs
- \_\_\_ Has a positive sense of humor
- \_\_\_ Doesn't talk behind your back
- \_\_\_ Keeps promises
- \_\_\_ Gets good grades
- \_\_\_ Shares clothes
- \_\_\_ Looks neat & clean
- \_\_\_ Obeys rules & laws
- \_\_\_ Acts jealous
- \_\_\_ Makes fun of you
- \_\_\_ Tells the truth
- \_\_\_ Tells you no one else would be your friend except him or her
- \_\_\_ Makes general statements about groups of people (males, females, a specific race, how people look), rather than thinking about people as individuals
- \_\_\_ Gets to know people before forming opinions about them
- \_\_\_ Encourages you to pursue your interests & talents
- \_\_\_ Uses physical force to get you to do what he or she says
- \_\_\_ Relies on other people's opinions

**Write other characteristics that are important to you in positive friends:**

---